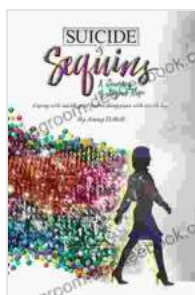


Suicide Sequins: A Journey of Joyous Hope in the Face of Depression

Suicide Sequins is a memoir by Lesley Hazleton that chronicles her journey with depression and self-harm. It is a powerful and moving story of hope, resilience, and the power of human connection.

Hazleton's writing is honest and unflinching, as she describes the depths of her despair and the ways in which she tried to end her life. She also writes about the people who helped her to find hope and healing, including her therapist, her friends, and her family.



Suicide & Sequins: A Journey of Joyous Hope

by Matthew Edwards

★★★★★ 5 out of 5

Language : English

File size : 4373 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 216 pages

Screen Reader : Supported



Suicide Sequins is a difficult book to read at times, but it is also an incredibly hopeful one. Hazleton's story is a reminder that even in the darkest of times, there is always hope.

A Journey of Darkness and Light

Hazleton's journey with depression began in her early twenties. She was a successful journalist and author, but she was also struggling with a secret that she felt she could not share with anyone: she was suicidal.

Hazleton's depression led her to self-harm and suicide attempts. She spent time in psychiatric hospitals and underwent electroconvulsive therapy. At one point, she was so close to death that she was given her last rites.

But even in the darkest of times, Hazleton never gave up hope. She found strength in her writing, in her relationships with others, and in her faith.

The Power of Hope

Suicide Sequins is a story of hope. It is a story about the power of human connection, the power of love, and the power of the human spirit.

Hazleton's story is a reminder that even in the darkest of times, there is always hope. No matter how hopeless you may feel, there are people who care about you and want to help you.

If you are struggling with depression or suicidal thoughts, please reach out for help. There are many resources available to you, and there are people who want to help you get better.

Resources for Suicide Prevention

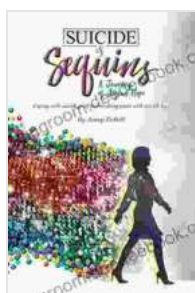
- The National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- The Crisis Text Line: Text HOME to 741741
- The Trevor Project: 1-866-488-7386
- The Jed Foundation: <https://www.jedfoundation.org/>

- The American Foundation for Suicide Prevention: <https://afsp.org/>

Suicide Sequins is a powerful and moving memoir that chronicles one woman's journey with depression and self-harm. It is a story of hope, resilience, and the power of human connection.

If you are struggling with depression or suicidal thoughts, please reach out for help. There are people who care about you and want to help you get better.

Get Help Now



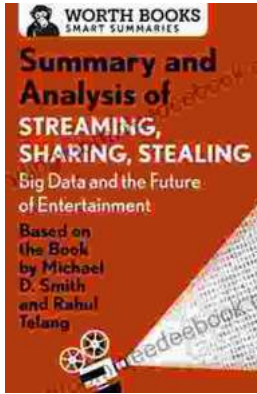
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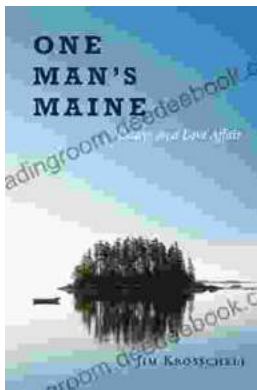
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